 **DEPARTMENT OF PHYSICAL EDUCATION**

**Korambayil Ahamed Haji Memorial**

**UNITY WOMEN’S COLLEGE, MANJERI**

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# ANNUAL REPORT 2022 -’23

1. **The Department Celebrated International Yoga Day on june 21ST 2022**

 The department Celebrated International yoga day on June 21 at CH auditorium. The function was started at 10:30 am with a welcome speech by Mr. Hamraz Ahamed M, asst. prof and head, dept. of physical education, followed by a key note address on importance of yoga day and why it is celebrated on June 21. Ms. M K Vineetha, asst. prof. in English inaugurated the function. Fathima Jumana, student, final year B,Com CA presented a brief session on suryanamaskar. After that a detailed display of suryanamaskar was done by the students of physical education, Ms. Loosiya KP, asst. prof. in home science and it was lead by Mr. Hamraz Ahamed M. Finally, the vote of thanks was carried out by Fathima Diya KK, student of B,Com CA. All the students, teaching staffs and non-teaching staffs watched the whole function without fail.

1. **Conducted 3 day Badminton (Shuttle) Coaching Camp (12, 13 and 14 July)**

 The department Conducted a three day badminton coaching camp for college badminton (shuttle) team for attending Malappuram district badminton championship 2021-2022 at our college indoor stadium. Two badminton coaches from two different academies took the camp for players. Mr. Irshad Ali K, Coach from Badminton 365, Whitefield, Bangalore and Mr. Aman MC, Coach from Zest Badminton Centre, Oryx Indoor, Kondotty took the three day camp.

1. **The College Badminton Team participated in Malappuram District Badminton Championship and got 1st Runnerup in Women Doubles (15 July)**

 College badminton team participated in Malappuram district badminton championship held at DBA Indoor, Manjeri and got first runner up in women doubles.

1. **The Department Celebrated National Sports Day(Aug 29)**

 The department conducted a Cricket friendly match between college student’s team and staff team. Match was tied with both team taken 26 runs from 6 overs.

1. **The Department Conducted an Awareness session on First Aid for BA English 3rd sem students (Oct 12)**

 The department conducted a session on first aid for third semester BA English students. Mr. Hamraz Ahamed. M, Asst. Prof in Physical Education handled the session. Also given awareness about CPR, ABC in first aid, PRICE in first aid and different types of accidents, injuries and their first aid.

1. **The Department Conducted Sports day ‘Kuthipp 2022’ of GLPS Pulpatta (Oct 18)**

 The department conducted sports day of GLPS Pulppatta on 18th October at college ground. Our beloved Principal Dr, Basheer Ummathur given prizes for the winners.

1. **The Department Conducted one day Football camp for Al-Huda English medium school team, Patterkulam (Oct 20)**

 The department conducted one day football camp for Al-Huda English medium school, Patterkulam on October 20 at our college ground.

1. **The College Netball Team Participated in Malappuram District Netball Championship and got 2nd Runnerup**

The college Netball team participated in the malappuram district netball championship and got 2nd runnerup.

1. **The Department Conducted Pulppatta Panchayath Keralotsavam 2022, Badminton Championship**

 The department conducted Pulppatta panchayathkeralotsavam badminton championship at college indoor stadium on 12th November 2022.

1. **The Department Conducted a Dream Final exhibition match in accordance with Fifa Qatar World Cup 2022**

 The Department Conducted a dream final exhibition match in accordance with Fifa Qatar World Cup 2022 at college ground on 22nd November 2022..

1. **The Department Conducted Manjeri Municipal Keralotsavam 2022, Badminton Championship.**

 The department conducted Manjeri municipal keralotsavam badminton championship at college indoor stadium on 2nd December 2022. Beloved principal Dr. Basheer Ummathur gave away the prizes to the winners.

1. **The Department Conducted Mathrubhoomi ‘’Kick and Win’’ goal program**

 The department and Erica students union conducted a ‘Kick and Win’ goal program of mathrubhoomi news, in association with Qatar World cup 2022 at Azadi square. Beloved principal Dr. Basheer Ummathur inaugurated the function with scoring a goal. 22 students participated and 7 got prizes.

1. **College Judo team Participated in the ICT (Interzone) Judo Women championship 2022-23**

 The college judo team consisting of 3 members participated in the ICT (Interzone) Judo Women championship held at Vimala college, Thrissur on 9th December 2022. Mufeedha of 1st semester BA English got bronze medal.

1. **Visit to watch the ISL Football match of Kerala Blasters at Kaloor stadium Kochi**

 The department in association with sports club, conducted a visit to kaloor stadium, Kochi to watch ISL football match on 11th December 2022 with 120 students and 25 staff. The match was in between Kerala Blasters and Bengaluru Fc with a score of 3-2 in favour of Kerala Blasters.

1. **The Department Conducted Qatar World cup final live streaming at Digital Studio**

 The department in association with sports club, conducted a live streaming of FIFA Qatar World cup final at Digital Studio on 18th December 2022. Students enjoyed the final match between Argentina and France at live.

1. **The College Teakwondo team Participated in the ICT (Interzone) teakwondo Women championship 2022-23**

 The college Teakwondo team participated in the ICT (Interzone) Teakwondo Women championship held at GCPE, Calicut on 21st December 2022.

1. **The College Karate team Participated in the ICT (Interzone) Karate Women championship 2022-23**

 The college Karate team participated in the ICT (Interzone) Karate Women championship held at MES Kalladi College, Mannarkad on 4th January 2023.

1. **The department conducted Annual Sports meet 2022-23**

 The Department and ERICA Students’ union Conducted college annual sports meet LEVIOSA 2K23 at College ground. The Students are divided into four groups namely KALINGAS, GUPTAS, MOURYANS and MUGALS Various Games was conducted between students. Team Guptas bagged the overall championship. Various Games and athletics events were conducted. The events lists are as follows.

6th and 7th February - CRICKET

8th and 9th February - FOOTBALL

13th and 14th February - BADMINTON

15th and 16th February - ATHLETICS, CHESS and TUG OF WAR

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